



Natural Connections

Exploring San Mateo County with Your Children



We hope that you use this guide to engage your child's curiosity and help them make positive connections with the natural world. Sometimes the best experiences are unplanned free time in a natural area, whether it's a backyard, a neighborhood park or a wilderness area. We've put together some fun activities you can do together as you explore new locations or look at the outdoors differently. The activities suggested in this guide are simple, do not require special supplies, and can often be done in your neighborhood. Why not start by simply taking your family outside? Exploration and excitement will naturally follow.



Enjoy!

